



Animals In Our Hearts

Animal Communication & Grief Support

Loving Resources of Healing
for People and the Animals They Love

with *Teresa Wagner*

Animals In Our Hearts.com

Since 1991
831-236-4080



Grief Support Resources:
Information, Services and Products to Help Heal Your Heart

Free Resources:

- **Web Site Section:** [Comfort and Healing in Your Time of Grief](#)
 - Why We Deserve Nurturing and Self Care
 - Grieving Choices: Deny, Cope or Heal
 - Why We Get Stuck in Grief
 - Twelve Ideas on Coping and Finding Comfort
 - Pet Loss Support Resources (hundreds more resources here)
 - Flower Essences to Help Us Cope and Heal From Grief
- **Web Site Section:** [Supporting Others Through Grief](#)
 - One Who Knows My Heart
 - Grief Support Competencies
 - Practical Do's and Don'ts
 - Comments from Grievors
 - Resources to Help Others Who Grieve
- **Articles:** [Loss, Grief and Afterlife Articles](#)
- **Blog Postings:** [Teresa's Animal Blog on Loss, Grief and Animal Communication](#)
- **Facebook Page:** [Pet Loss and Animal Communication](#)
- **Client's Articles:** [Articles written by clients about their own animals, loss and healing](#)
- **Teleclass:** [Finding the Grace in Grief Teleclass](#) (When signing up for our newsletter via this link you will receive the one hour recording of this class. If you are already receiving newsletters from us you don't need to sign up again! Just [send us an email](#) requesting the link to this class.)



Finding the Grace in Grief

Listen to Teresa's FREE 1 hour teleclass by joining our mailing list

Fee Based Resources:

- **Consultations:** [Animal Communication Sessions and Grief Counseling Available](#)
- **Grief Support Products:** [Books, CDs, Prayer Flags, Memorial Candles, Flower Essences](#)



- **Classes: (most available on-demand to take at your convenience)**

[Finding the Grace in Grief Teleclass](#) (Free)

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[Legacies of Love - A Workshop of Gentle Healing for Those Who Have Lost Their Animal Loved Ones](#)

[Flower Essences for End of Life Care, Caregiver Stress, and Healing Grief](#)

[The Animals' Perspectives and Stories of Death, The Other Side and Coming Back](#)

[Grief Support Skills: Effectively Supporting Others Who Grieve the Loss of a Pet](#)

[Professional Program of Study in Animal Loss
and Grief Support](#)

An advertisement for a professional program of study. The background is dark with white text. At the top, it says 'New Professional Program of Study' in a bold font. Below that, 'Animal Loss & Grief Support' is written in a large, elegant script. Underneath, it reads 'Holistic Integration of Psychological & Spiritual Principles'. The next line says 'Study to be a trained and compassionate counselor for end of life care, loss and grief with our'. Below that, '3 Level Distance Learning Program' is written in a bold font. At the bottom left, there is a small logo for 'ANIMAL SPIRIT HEALING EDUCATION' with a starburst. To the right of the logo, it says 'guided by Teresa Wagner & other established professionals'. At the bottom, the website 'AnimalSpiritNetwork.com' and phone number '815-531-2850' are listed. On the right side of the advertisement, there is a lit candle with a prayer for a beloved animal, similar to the one in the collage above.